



NEUHAUS
FOOT & ANKLE

Do You think you may have Peripheral Arterial Disease?

Peripheral Arterial Disease (PAD) is a serious circulatory problem in which the blood vessels that carry blood to your arms, legs, brain, or kidneys, become narrowed or clogged. It affects over 8 million Americans, most over the age of 50. It may result in leg discomfort with walking, poor healing of leg sores/ulcers, difficulty controlling blood pressure, or symptoms of stroke. People with PAD are at significantly increased risk for stroke and heart attack. Answers to these questions will determine if you are at risk for PAD and if a vascular exam will help us better assess your vascular health status.

Do you have foot, calf, buttock, hip, or thigh discomfort (aching, fatigue, tingling, cramping, or pain) when you walk, which is relieved by rest?

Do you experience any pain at rest in your lower leg(s) or feet?

Do you experience foot or toe pain that often disturbs you in your sleep?

Are your toes or feet pale, discolored, or bluish?

Do you have skin wounds or ulcers on your feet or toes that are slow to heal (8-12 weeks)?

Has your doctor ever told you that you have diminished or absent pedal (foot) pulses?

Have you suffered a severe injury to the leg(s) or feet?

Do you have an infection of the leg(s) or feet that may be gangrenous (black skin tissue)?

If you answered yes to any of these questions, please call our office at (615) 220-8788 so we can examine your feet for Peripheral Arterial Disease.



We have this BioMedix machine in our office to test for PAD in patients. The test is quick and easy! To learn more about PAD, click on the picture above.

As an added value to our friends and families, we have created this survey to help us stay healthy this year! Please let us know if there are topics of interest to you for future editions.

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